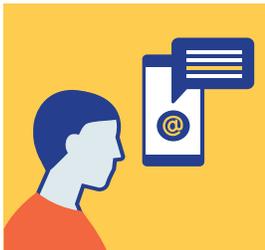


# WHAT TO EXPECT After Testing

UF Health Screen, Test & Protect uses public health guidance and best practices aimed at fostering a culture of care for our community while taking steps to help prevent the spread of COVID-19 as the University of Florida gradually returns faculty, staff and students to the campus environment.



Look for an email from us about your test results.



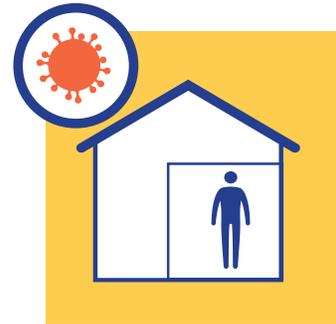
Testing is offered at no cost to you.

## 1. Receiving your test result

- Your test result will be sent to you via email. You may also receive a phone call from a member of the UF Health Screen, Test & Protect team if you test positive for COVID-19. If you have an account, you can view the results in myChart (UFHealth.org/myUFHealth).
- There is no out-of-pocket cost to you. If you see indications of billing on communications you receive from your insurer, please know that adjustments are forthcoming.

## 2. Understanding your test result

- If your test result is positive, stay at home, away from others, and contact your personal health care provider for further care instructions. (Please do not return to campus until you have met the requirements of the isolation and return-to-campus protocols.) If your test result is negative, you probably were not infected at the time your sample was collected and you are eligible to come to campus.
- Visit [Bridge.UFHealth.org](http://Bridge.UFHealth.org) or [One.UF.edu](http://One.UF.edu) to view if you are cleared to come to campus.
- Email [student-screening@ufl.edu](mailto:student-screening@ufl.edu) if you have questions about your return.



Stay home



Back to campus

## 3. What to do if you test positive for COVID-19

### Campus and COVID-19:

- Do not come to campus if you test positive: Stay home and contact your health care provider and UF Health Screen, Test & Protect at 352-273-9790.
- You may be contacted by staff from the state of Florida Department of Health to help reduce the risk of spread to others in our community.
- Questions about your return? Faculty or staff can communicate with their department's HR representative and students can email [student-screening@ufl.edu](mailto:student-screening@ufl.edu).

# WHAT TO EXPECT After Testing

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## 4. What to do if you test positive for COVID-19 – When you're sick:



If your symptoms get worse, call your doctor.



Stay in a specific room and use a separate bathroom. Do not have visitors at home.



Get lots of rest and drink lots of fluids. Cover your coughs and sneezes.



Wash hands with soap and water for 20 seconds.

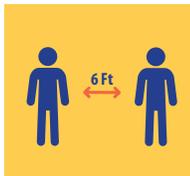


Clean counters, tables and doorknobs with cleaning spray or wipes.

## 5. Protecting yourself and others



Wear a face covering to cover mouth and nose when in public.



Physically distance 6 feet or greater from others.



Wash hands with soap and water for 20 seconds.

## 6. Ideas for self-isolation



Have groceries delivered/order meals from a delivery service.



Request books from your local library's digital collections.



Participate in online workout groups and classes.

*Visit [Coronavirus.UFHealth.org](https://www.covid19.uflhealth.org) to learn more.*

*If you have questions about insurance or billing, please contact UF Health Customer Service at 352-265-7906 or 888-766-8154.*